



**Raising a family  
can be tough.  
Asking for help  
shouldn't be.**

**When life throws you the unexpected, finding good advice or a helping hand can make all the difference.** At FamilyCore, we're all about connecting Yamhill County parents with local resources to help their kids grow and thrive.

**Free and low-cost resources for families include:**

- ▶ Healthcare & Dental
- ▶ Food & Nutrition
- ▶ Birth & Postpartum
- ▶ Early Learning & Childcare
- ▶ Parenting Support & More!

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**About FamilyCore**

FamilyCore is a community services network that connects parents with a broad support system to meet challenges head-on and to nurture strong families with children ages 0-5. Think of us as Yamhill County's starting point for healthier families.



To learn more, or to sign up for services, visit [yamhillfamilycore.org](http://yamhillfamilycore.org) or call (503) 376-7423



**FamilyCore**

In collaboration with

**Yamhill**  
COMMUNITY CARE  
Early Learning

