Raising a family can be tough. Asking for help shouldn't be.

> When life throws you the unexpected, finding good advice or a helping hand can make all the difference. At FamilyCore, we're all about connecting Yamhill County parents with local resources to help their kids grow and thrive.

## Free and low-cost resources for families include:

- Healthcare & Dental
- Food & Nutrition
- Birth & Postpartum
- Early Learning & Childcare
- Parenting Support & More!

## About FamilyCore

FamilyCore is a community services network that connects parents with a broad support system to meet challenges head-on and to nurture strong families with children ages 0-5. Think of us as Yamhill County's starting point for healthier families.

To learn more, or to sign up for services, visit yamhillfamilycore.org or call (971) 261-1912





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